

Winter Softball Open Gyms – All Players

Saturday open gyms are for **all ages** and **free** of charge. These open gyms are located at the Washington Center on Saturdays. Coach Turner will be attending some of the open gyms throughout the winter months. The facility can only be booked a couple weeks prior, but the plans are to have them every Saturday for **anyone** interested throughout winter.

Date	Time	Location	Who
Saturday March 10, 2012	9:30 – 11 a.m.	Washington Center	ALL players
Saturday March 24, 2012	9:30 – 11 a.m.	Washington Center	ALL players
Saturday March 31, 2012	9:30 – 11 a.m.	Washington Center	ALL players

Coach Porath and / or Coach Turner will be supervising the high school Fitness Centers on Mondays from 3:30 – 5 p.m. until the high school season starts on March 19, 2012. For those high school players not playing a winter sport, it is highly suggested that you: participate in many of these open gyms, join player's choice league and / or tournament, and keep yourself fit over the winter months. Even if you spend an hour a day related to any or all of these activities you will see great strides by March. **The only way to build CONFIDENCE is in PRACTICE—This is HUGE for hitting, pitching, and fielding.**

Coach Turner and Coach Porath